

# WASHINGTON HIGH SCHOOL HATCHET

## February 1995



### March

6-17

\*c/o '97 Easter  
Candy Sale

14

\*National Honor  
Society Banquet at  
St. Adalbert's 6:30  
pm

17

\*St. Patrick's Day

20-31

\*c/o '96 Candy Sale

28

\*All District Band  
Festival in the gym  
7:00 pm

## Strategies To Remember



HOMEWORK !!??



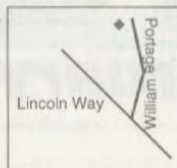


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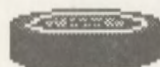
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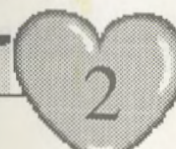
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## THE HATCHET STAFF

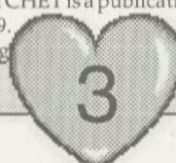
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On the cover: Memory Loss

Cover by Eric Siebenaler

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## Letter to the Editor

Dear Editor,

I am writing concerning the arrival of student teachers. It seems as if every year the adjustment period takes a while.

I think some student teachers have a hard time forming a good teaching relationship with high school students because they are still in a college mind-set. As a result, they might use teaching methods that high-schoolers are not used to.

Students, however, tend to think that it's not necessary to treat student teachers as they would the permanent teachers.

The student teachers should focus more on getting to know their students' personalities, which will help with teaching. Students should try to be more respectful and realize that the student teacher is also going through a big change.

Rhonda Montgomery  
junior

## Editorial Policy

HATCHET is a monthly newspaper written and designed by the publications staff at Washington High School. It is a school news magazine which upholds all the ideas and ideals of the First Amendment to The Constitution of the United States of America, freedom of the press.

The HATCHET has been established as a forum for student expression and as a voice in the uninhibited, free and open discussion of issues. Editorials represent the opinion of the editorial board but not necessarily those of the administration, staff, or student body. The HATCHET will not print obscenities, libelous material, or anything that disrupts the educational process, or invades the privacy of any group or individual.

Letters may be submitted to the HATCHET from the students in order to provide a full opportunity for students to inquire, question, exchange and submit ideas. Content should reflect all areas of student interest, including topics about which there may be dissent or controversy. The HATCHET also reserves the right to condense, edit or not print material submitted by students at the discretion of the editors and supporting staff. Letters that are submitted must have the author's signature but may be omitted upon request.



# WHS students excel in art

Once a year at this time, Scholastic Art and L. S. Ayres sponsor an art exhibition which includes 75 schools in our regional area. This year, WHS students received the most Scholastic art awards of the South Bend area schools. Exhibition of all Gold Key, Silver Key, and Honorable Mention winners were on display until Mar. 3 at the Main Floor Gallery in the South Bend Regional Museum in Century Center.

## Scholastic Regional Art Competition

### TEACHERS

Ann Hamilton  
Thomas Meuninck  
Barbra Shinkos

### GOLD KEY

Adele Burnett	11	printmaking
Jackie Calvetti	11	ceramics
Shanna Dias	11	ceramics
Kim Gruber	11	drawing
Eric Siebenaler	12	sculpture
Shilo Thomas	11	drawing
Connie Wroblewski	11	ceramics
Connie Wroblewski	11	ceramics

### SILVER KEY

Cindy Banasiewicz	12	ceramics
Tiffany Schoen	11	printmaking
Tiffany Schoen	11	printmaking

### HONORABLE MENTION

Sonia Bueno	12	printmaking
Erin Erlacher	12	drawing
Erin Erlacher	12	ceramics
Kim Gruber	11	textile & fiber design
Tara Kenjockety	10	photography
Jason Lips	9	drawing
Sabrina Opaczewski	12	ceramics
Jillian Ortman	9	drawing
Cathy Pate	12	ceramics
Cathy Pate	12	ceramics
Eric Siebenaler	12	ceramics
Cheri Stoyhoff	12	photography

\* The HATCHET staff congratulates all those students who entered and/or placed in the Scholastic Art Competition.



# Exercise brightens winter blues

**Jessica Wamser**  
News Editor

Many find themselves wishing they could escape the lack of sunlight, depression, and stress that creep up on them during the winter season. For those who cannot hibernate for six months, exercise, a healthy diet, and enough rest can revive energy.

Exercise cannot make the sun shine, but it preserves not only one's physical health, but also one's sanity.

"Exercise should be an important part of our daily routine because it can make us feel better about ourselves," freshman Andy Nalepinski said.

Many people believe walking will not benefit them, but the myths have been proven wrong. Robert Thayer, Ph.D., professor of psychology at California State University, Long Beach, did a three-week experiment in which volunteers randomly alternated eating candy bars with taking a walk. "Taking a brisk walk for ten minutes can boost one's mood for up to two hours," Thayer found throughout the experiment.

Lifting weights or becoming a powerlifter is not required for keeping physically fit. Although pumping would help increase muscle growth more rapidly, 30 minutes a day of running walking, stair climbing, or any kind of aerobic workout can reduce the amount of stress during any given day. Aerobic workouts con-

tain cardiovascular strength which is needed to feel healthy.

Lack of time is one reason people are less likely to exercise. Senior Sabrina Opaczewski said, "I don't have time to exercise."

Jobs, homework, or just everyday routine may keep a day filled. Walking instead of driving to school, riding the exercise bike

important. Less than six to eight hours of sleep a night may cause irritability. Senior Theresa Sobieralski said, "I only receive five hours of sleep a night. I always come to school tired."

This will increase the amount of stress experienced in an individual's day. Awareness may also be affected by lack of sleep.

Taking a 15-minute nap sometime during the day can boost energy. It is a time to relax and take in all the events from the busy day. If sleeping is a problem, a quiet time alone is recommended.

The weather may put walkers and joggers in a bind. Snow or rain in the winter season may dampen the mood to exercise. "I feel more motivated in the summer,"

Nalepinski said. WHS can solve that problem. The new gym is equipped with an inside track for those who wish to keep in shape. A weight room is also available for lifters, but an advisor must be present.

"Exercise in gym class makes me feel energetic. It also helps me to look at things more positively," senior Jennifer Wenrick said.

Starting to live a physically fit lifestyle can be difficult. Beginners should slowly ease into a new routine. Eventually living a healthy life will become a natural habit. "It was hard to make myself exercise at first, but now I exercise everyday to keep in shape," said junior Gena Steinke. □

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MAKES ME FEEL ENERGETIC.  
IT ALSO HELPS ME TO LOOK  
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TIVELY," SENIOR JENNIFER  
WENRICK SAID.*

while waiting for dinner to cook, or taking the stairs instead of the elevator are ways to take advantage of the extra minutes throughout the day.

A healthy diet is also an important element for keeping in shape. Sitting on the couch eating potato chips is not a healthy diet. Fruits and vegetables should be substituted for the unhealthy chips and candy. Fatty foods are eaten more often during the winter season because of the holidays. Christmas and valentine cookies and candies from loved ones are often hard to resist.

Breakfast is an essential way to start out the day. It is needed to boost energy.

Receiving enough sleep is also





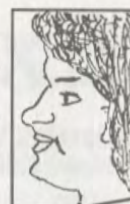


Katharine Chan

# FACE-OFF

## The issue : Welfare reform

This page is designed to present two opposing viewpoints on topical issues. The arguments are strong to create thought, controversy, and interest. If you have any comments, differing opinions, or questions, please write a letter to the editors, Katharine Chan or Kim Starzynski.



Kim Starzynski

Welfare is a 60-year old program that began in the 1930s. Its main goal was to help people survive the Great Depression. Welfare was expanded in the late 1960s to help fight widespread poverty. Welfare is basically a short-term program whose main purpose is to help people escape poverty (*Financial World* Feb. 15, 1994).

Now welfare is a government-funded program that helps single parents, the disabled, the unemployed, and others who need financial support with a monthly check (*Scholastic Update* Mar. 11, 1994).

Of the five million families on welfare, about two to three million find other means of support after being on the program for about a year. Helping these families through their difficult months may be critical for their survival. For these people, the "deserving poor," welfare does work.

Clearly, welfare works for those who receive the needed financial help for a short period of time, not as a way of life.

Although some may believe that the current welfare system rewards mothers for having babies out of wedlock or relieves people of having to find employment, it does not provide the recipient with enough money with which to live. They cannot escape poverty or survive without a job or another source of income (facts from *Scholastic Update* Mar. 11, 1994).

And contrary to much belief, single mothers on welfare do not always have broods of children in order to increase their monthly check. In fact, welfare mothers actually have fewer children than the national average, and most receive the benefits for fairly short amounts of time (*Scholastic Update* Mar. 11, 1994).

Even though the majority of welfare recipients are single mothers, they may rely on their monthly checks to provide food, shelter, or clothing for themselves and their child. The money may even help to pay for medical bills or daycare.

Mark Rank, an expert who has studied welfare recipients for 10 years said, "Most welfare recipients want a better life for themselves and their children...they don't enjoy being on government assistance and they persevere in the face of countless hardships and handicaps."

Also, some recipients are eager to be taken off welfare; others are ashamed of the way they are treated because they are on welfare.

Kim Williams, a teenage welfare mother, sees being on welfare degrading and humiliating: "I hate the whole system. They look down on us like we're just dirt on the bottom of their shoes."

Although welfare is working for half the population who receive it, a few weaknesses in the program still exist. Stricter restrictions need to be made to limit people on welfare and the time they can be a part of the program. Welfare needs to be kept from the hands of the "undeserving poor," who do abuse the system and jeopardize the benefits for those who do put it to good use. Also, more jobs should be created or made available to those on welfare, so that they can have other means of support.

And even though welfare does supply free, government-aided support, it should only be treated as a temporary solution to poverty and not become a way of life. This is when society is able to say that welfare does work. □

Welfare is a widely-used privilege in the United States. It was designed to help those who are coping with the loss of a job, a recent divorce, or those who are disabled. The system provides money with the understanding that the recipient will soon find a job and begin to rebuild his finances. Too many people, however, are abusing this privilege.

In 1970, the American Government shelled out over four million dollars to welfare recipients. By 1992, the government was spending over 22 million dollars on welfare.

Food stamps and checks are given out to families whose income falls below a certain level. Stamps come in denominations of \$1, \$5, and \$10 and may be exchanged for food products. They cannot be used to purchase liquor, pet supplies, candy, cosmetics, or any other nonessential products.

A common problem with food stamps, however, was that the customer could buy an item that costs a dollar, but use a \$10 stamp to pay for the purchase. He then uses the change to buy beer, cigarettes, or even drugs. This problem, thankfully, is being solved. The cashier cannot give more than 99¢ in change; anything more has to be given back in stamps (facts from *Welfare: Helping Hand or Trap?* 1990).

Welfare recipients must meet certain requirements. They must have an income below a certain set standard and they are asked to look for a job. Many recipients overlook the possibility of finding a job. After all, they are getting paid for doing nothing. Meanwhile, citizens who have jobs are working long hours to make ends meet. They would probably have plenty of money, but they have to help pay for those who do not have to work.

Nobody denies that the welfare system can be a good thing for those who are recently unemployed. These families go on welfare because the "breadwinner" is laid off. They use the system for a short time to support themselves while looking for another job.

Many welfare recipients, however, eagerly await their next check while sitting at home watching television. The thought of finding a job gets pushed off until tomorrow. When tomorrow comes, the thought is once again "I'll go tomorrow." Some forget entirely that they are even supposed to find a means of supporting themselves.

The welfare system can be a trap. Recipients get used to the idea of collecting money for nothing and decide to stay there. The core of Clinton's plan, according to Labor Secretary Robert Reich, is "... to shift the welfare system away from income supports and toward jobs" (facts from *Nation's Business* Aug. 1994).

The hardworking people of America deserve to keep their paychecks for themselves. They should not have to pay for the able-bodied who choose to sit at home and live off the fat of the land. Hopefully, Clinton's plan will enable the work force of the United States to enjoy what they earn. □



# Panthers

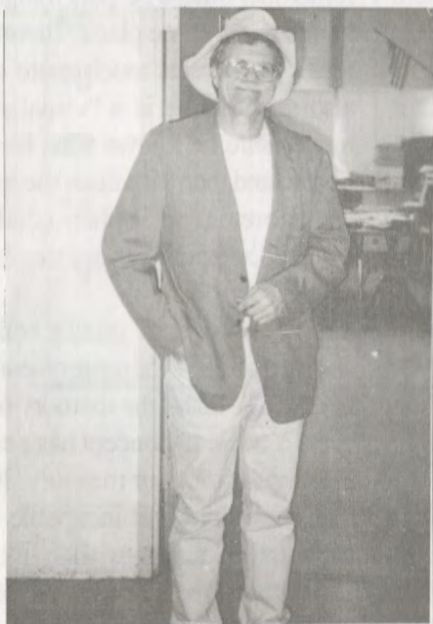
By Christina Fidler

Spirit week is a time for Panthers to show their loyalty and true style.

Freshman **Ryan Kring** and junior **Jeff Kaser** may look like they just got up, but we know they spent hours in front of the mirror getting those "do's" to stay.



Junior **Adam Demeyer** sees his life flash before him as he becomes our elder. **Eric Bastine**, is that you jamming up the hallway hobbling along with your walker?



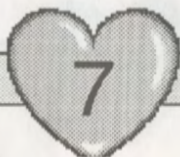
**David Sexton** or Uncle Jedd? This social studies teacher portrays an ideal hillbilly.



Senior **Dominique Bai** shows her swingin' 50's spirit with her button-up shirt, poodle skirt, and her rolled down socks.



Freshman **Angie Retek** is decked out in her "granny" clothes with a shawl to accent the look.





# Alzheimer's in

by Stacey Kaufman and Stephanie Kaufman  
Feature Editors

**H**ow many times a day do you forget where you left something, forget the name of your teacher, or even forget to do that important assignment? I know, I know, you cannot remember. But why is it so easy to forget things?

The so-called bad memory does not exist. What does exist are bad methods for remembering, recalling, and memorizing. Memory can be thought upon as a skill or ability. A skill can be acquired and improved upon by learning the right techniques and even practicing them.

In order to improve the memory, it is important to understand how the mind works. According to Robin West, Ph.D., author of *Memory Fitness Over 40*, memory occurs in three separate stages: taking information into the brain; holding it in the brain; and pulling it out of memory. So, why do we forget things?

Senior George Miles said that he forgets where he puts something because he is usually in a hurry.

Dr. West supplied the answer to this problem: "We all have immediate memory, which covers what happened within the last minute, and long-term memory, which is anything we remember for an extended period. When you're trying to retain information (when you're studying, for instance), you want the information to move from immediate memory into long-term memory so that it can be retrieved. If it

stays in immediate memory, the information will be lost after a minute."

"I usually forget things while taking a test because I'm nervous and want to get a good grade," commented Miles.

"Information becomes stored in long-term memory if it's learned well in the first place, so here is where effective memory strategies make a difference," continued Dr. West.

Miles said, "It doesn't matter how good a teacher teaches if you don't take time to study."

Dr. West's strategies are made up of some individual, yet equally important parts. The first one has to do with attention. Attention is the first step in memory because it is the first thing you do. If you don't pay attention or concentrate, then you have nothing to remember. Maybe that's half the problem. For instance, if when you're introduced to people, and you don't pay attention to their name, then it never really enters either the short-term or long-term memory bank. So the name will not be there to be recalled when needed.

Band director Dean Swihart said that he always forgets people's names. "When I forget someone's name, I try to not have to use their name."

Another key memorization strategy is meaningfulness. This is whether what

you are memorizing makes sense or if it is just a jumble of words and sounds.

Association is also an essential strategy. If the information is associated with

things that will make it more meaningful, you will be more apt to remember it.

Pulling information out of the memory bank three or four times, instead of just once, can

make recalling the information easier. This is called the retrieval practice.

Swihart uses this strategy in order to remember where he puts things. He keeps things in the same place. Therefore, he can recall the objects much more quickly. He also said that he is a "visual person." He makes sure he knows what he puts things next to and then visualizes the spot when he wants to retrieve it. Swihart did admit though, that he constantly misplaces his cordless phone.

Memories are usually believed to decay with time. So the more recent the thought or idea, the better the memory of it will be.

Your self-concept has a surprisingly big impact on your memory. If you think you are stupid and incapable of remembering things, more than likely it will come true, because you won't put forth the effort to remember.

Age is not a factor in the ability to remember. Most elderly people feel as though their memories are failing them, but this is not so. Actually, it is because

*"IT DOESN'T MATTER HOW GOOD A TEACHER TEACHES IF YOU DON'T TAKE TIME TO STUDY."*

*- SENIOR GEORGE MILES*



# n high school

their self-concept is poor. They expect their memories to fail, so it does. "It becomes a self-fulfilling prophecy," explained Dr. West.

Dr. West said that it is true though, that elderly people tend to think slower, and they do not use the best memory strategies as much anymore. They also may have difficulty paying attention. But, she stresses that they can control these factors. In fact, Dr. West has produced systems for everyone to help them develop better thinking strategies.

The Link system can be used to memorize sequences. It works by making one item or memory remind you of another. Here is an example from *Seventeen* magazine by Beth Levine:

"Let's say you have to go to the store to buy milk, eggs, and dog food. You make each word in this sequence remind you of the next by associating one with the other. First, visualize a container of milk. Now make a

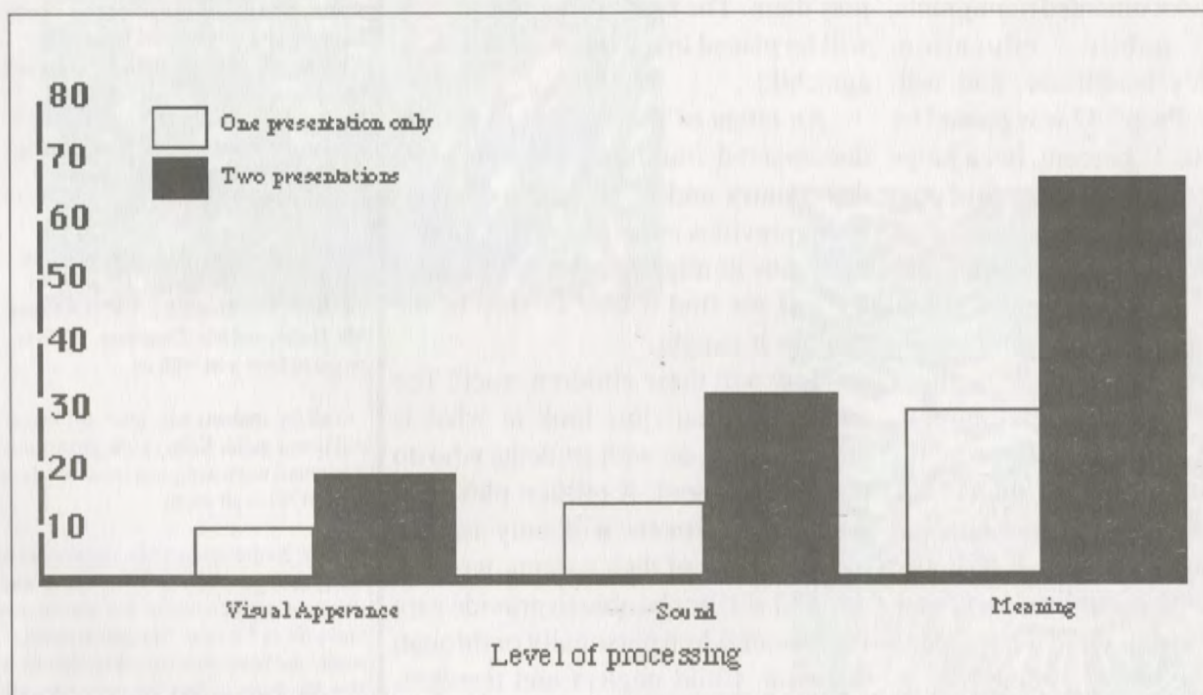
silly association between the milk and the eggs. The sillier or more outrageous or disgusting, the better. To just see the eggs lying next to the container is so mundane you'll forget it, because you'll never pay attention to it. Visualize, instead, opening a milk carton and having a dozen eggs crash out when you pour it. Or a cow giving eggs instead of milk. Got that? Let's go on to the dog food. You have to picture yourself leading a gigantic egg on a leash or a dog frying an egg. Now, instead of having to mumble "milk, eggs, dog

with numbers. Dr. West teaches how to make associations for numbers so that you can visualize the number in your head more easily when you want to recall one. She explained that the numbers become more meaningful.

Dr. West delegates certain consonants to each number from 0 to 9. This allows you to form words out of the numerals that you need to remember. Therefore you will be more apt to remember.

Dr. West explained, "Make your number-letter assignments according to what is

easiest for you to remember. For example, 3 looks like a sideways M; 9 looks like a backwards P. So, let's say you're trying to remember the 939. Using your consonant assignments and filling in the vowels, it reads pump or pomp. Visualize either of those two things, and



food" over and over all the way to the store, you'll find that those images will automatically jump to mind because they are so vivid."

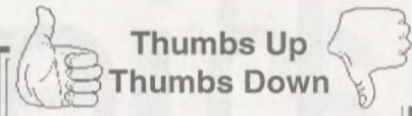
The Peg System is another system that Dr. West has designed. This system has to do

you'll have your number."

Hopefully, you will not forget these methods that can improve your memory skills. Like a wise man once said, "The mind is a terrible thing to waste." Now, who was it who said that? □



# Proposition 187 will hurt children



## Thumbs Up

-to choir and band members who participated in solo and ensemble contests. A special thumbs up to the Madrigal Group that will be going to the state competition.

-to all the students who participated in decorating for homecoming. Everyone did a great job and, for a while, we thought we were back in the 50's and 60's.

-to all the students and faculty who participated in spirit week. From Mr. Sexton's straw hat and cowboy boots to Kathy Lute's hill-billy look--everyone's school spirit really showed! (But Zayed Henry, does your hair really look like that when you wake up in the mornings?)

-to the homecoming sock hop! It was great to see everyone *shake, rattle, and roll*, and it will definitely be a dance to remember.

-to the students and staff that participated in the 50's and 60's dance at the pep assembly. Danny and Sandy, oops, I mean Mr. Krueger and Mrs. Tafelski, we especially loved your dance to *Tutti Frutti*!

- to the dress code for the homecoming court. Everyone looked dignified and respectable.

- to the student teachers. Welcome Ms. Abbot, Ms. Kosarko, Ms. Herlihy, Mr. Gardiner, Ms. Drobitsch, Mr. Nesselhuf, Mr. Hofer, and Ms. Genovese. WHS is proud to have you with us.

- to all the students who made the honor roll/honor guild. Keep up the great work! Your hard work and good behavior shows what WHS is all about.

- to Ms. Jorgensen and Ms. Schmanski for being such good sports! What better way to show our appreciation of you than to give you a pie in the face! The pep assembly would not have been complete without it! Hey Mr. Perry or Mrs. Bergeron--it could be you next time!

## Thumbs Down

-to the members of the homecoming court who did not participate in homecoming decorating or attend the sock hop. As court, you represent our school, and your attendance would have been appreciated at all homecoming functions.

Imagine moving from your hometown and starting over at a new school. Things are going great—you're making new friends and adjusting well to the new environment—until one day a calculated plan to expel you and people like you is enacted. No, you are not a drug dealer or a fugitive on the run, but you are an undocumented 10-year-old.

## Editorial

Proposition 187 is a California state measure that would deny most social services to undocumented immigrants, including public education, nonemergency healthcare, and welfare benefits. Prop 187 was passed by a ratio of 59 to 41 percent, but a judge delayed the enactment because of controversy surrounding the issue.

The primary goal of Prop 187 is to deter illegal immigration to California. A definite need for immigration control exists, but one of the methods suggested by Prop 187, expelling children from school, will impede the future of children as well society. Prop 187 would require that undocumented immigrant children be expelled from school. Numerous battles, both judicial and social, were overcome to ensure that the school system was indeed open to the public—black, white, disabled, rich, poor—the public.

For example, the Supreme Court ruled in the 1985 Plyer vs Doe case that immigrant children could not be barred from attending school in the U.S.

The overall spirit of Prop 187, in reference to expelling children, can be

considered un-American. While there is a strong argument for immigration control as a whole, the reasoning behind resorting to unconstitutional and child-endangering methods is something which may scar our nation's ideals.

Prop 187's goal of expelling undocumented children from school is preposterous. It seems as if the writers believe children should be held accountable for attaining documentation prior to arriving. In other words, Prop 187 would punish children for their parents' decision to migrate to the U.S. Furthermore, students with undocumented parents will be expected to report them. The fate of an entire family will be placed in the hands of a school-age child.

An intent of Prop 187 is to get undocumented immigrants not to enter the country and/or leave the country. From previous experience, it is known that many immigrants reenter the country and /or find a way to stay in the country if caught.

How will these children react? The answer is clear; just look at what is already going on with students who do not attend school. A million plus children on the streets will only lead to trouble. Most of their parents work all day and will not be able to provide care for their children personally or through day-care. Child neglect and teen/pre-teen crime will rise because of the newly-found unscheduled time they have on their hands.

The days of people being looked down upon as coming from the wrong side of the tracks seem to have transformed into a time where people are looked down upon because they come from the wrong side of the border. □



# Art Gallery



An example of Gold Key winner junior **Kim Gruber's** art work.



Gold Key winning art work  
by junior **Adele Burnette.**



# B-ballers endure win-loss coaster

By Mike Whitlock  
Sports Writer

The boys' basketball team has endured an up-down season through the year. WHS currently sits 6-12 trying to gain consistency. Throughout the months of January and February, the Panthers won four games and lost four games.

Sophomore Todd Bella said, "It seems like we win, then lose, then win. We need to put together a winning streak to gain congruity, for we can be successful in the sectionals and state tournament."

The Panthers started the second half of the season by battling West Side rival LaSalle. Sophomore Cedric Moodie kept the Panthers in the game by scoring a career-high 33 points. The Lions' experience factor and senior Corey Sutherland's 35 points contributed to a WHS loss, 94-84.

The Panthers bounced right back the next night to defeat Chesterton. Riding the win-loss coaster, WHS was able to regroup and beat the Trojans by nine points.

After two days of finals, the Panthers battled the fourth-ranked Clay Colonials on a rare Thursday night game. WHS came out strong, capitalizing on Clay's errant play. The Panthers led at the end of the first quarter and led 17-16 halfway through the second quarter.

The Colonials, however, got the hot hand by gaining a 34-22 lead at half. WHS did not quit as they made a fourth-quarter comeback, but the state champs pulled away to win the game, 67-46.

The Panthers next travelled to the young guns of Mishawaka. The first half consisted of junior Matt Wood converting and the Cavemen responding. Wood scored 22 points in the first half, but Mishawaka came back every time and led at halftime, 42-37.

Wood said, "My teammates were setting real good picks for me tonight, and my shots were just going in."

The Panthers came out on fire in the second half and led 68-56 with two minutes left in the game. Mishawaka came back with five three-pointers to make it a nail-biter. WHS prevailed, however, and won the game 78-75.

This placed the Panthers 4-10 (2-4 in the Northern Indiana Conference). WHS was getting seasick from the up-down season in which they were engaged.

The Panthers were fired up for the last-ever game against Michigan City Elston. The game was also homecoming, and the Great Western Forum was rocking. The game came down to the wire, tied 59-59. With six seconds remaining, senior Kenny Taylor looked for someone to pass to. Taylor decided to shoot and hit nothing but net. WHS won 61-59 and showed signs of putting it together with

sectionals right around the corner.

Head coach Milt Cooper said, "This was a total team victory for us because all seven guys rose to the occasion for us tonight."

WHS had once again boarded the win-loss coaster. The Panthers traveled to Northridge for a non-conference game. The game was even throughout two quarters till Moodie soared through the air and slammed the ball.

The referees slapped him with a technical foul, which gave the Raiders all the momentum. Northridge went on to score 12 unanswered points and ended up winning the game, 84-61.



Photo by Christina Fidler

**Coach Cooper gives sophomore Edumund Eyle instructions during practice.**

WHS tried to regain its winning ways as they travelled to Elkhart Central. The Panthers came out strong and led at the end of the first quarter. The Blue Blazers, however, blazed right past WHS the rest of the game and won the game by 40 points.

The Central game was a slap in the Panthers' face and woke them up for the next game against Buchanan. This interstate battle featured Wood and the Bucks' Seth Brown. The two did their part, because Wood scored 38 points and Brown cashed in 29. WHS, however, had a supporting cast as they played good defense and soared on offense to win 95-84.

The Panthers play their sectionals at WHS on Feb. 28.

## Girls' basketball season comes to close

By Sandy Osowski  
Sports Writer

WHS traveled to Clay to take on the Colonials and their 6'3" junior Connie Murdock.

The team worked together to keep Murdock off the boards with an outstanding effort from junior Jodi Jurkowski who rebounded successfully offensively and defensively. The Lady Panthers wrapped up the win 52-51 with 12 seconds left in the game.

Junior Kisha Perry commented, "I think playing Clay was one of our most successful wins. We played a very good game, and we used our teamwork to pull off the victory."

The Lady Panthers next traveled to Culver Military Academy. They dominated the game with good team defense and scoring from everyone to win 64-44.

"It's fun when everyone scores; then you really know that everyone has put teamwork together," said sophomore Winetta Neely.

In the last game of the season, WHS played Mishawaka and suffered a heartbreaking loss of 48-78.

The girls finished with a winning season. They were 11-7 in the regular season and 5-4 in the Northern Indiana Conference.

Coach Marilyn Coddens commented, "I am pleased with the overall first season. All of the girls came a long way and improved their basketball abilities. By the end of the season, the girls were playing 'team' ball."

She continued, "We have nothing to be ashamed of. We all learned a lot this year and must set our sights to continue to grow. We must not put the basketballs away until next October. We must continue to work on improving individually throughout the spring and summer, so that by next season we can be a force."

In the first round of sectionals, the Panthers played Riley. WHS (11-7) was favored over Riley (2-16).

The Panthers showed their claws to Riley, tearing them apart 69-43.

They then went to the championship round of the sectional to face the Plymouth Pilgrims. The Panthers stayed within reach of the win the entire game. The score was tied 27-27 at the half, and was tied again at the end of the third quarter 41-41.

But by the end of the fourth quarter, Plymouth was ahead 62-51. The girls gave all they could, but few of their shots fell and Plymouth came out on top.

Leading scorers were seniors Zayed Henry with 17 and Melanie Whiteman with 12. Sophomore Nicole Drabecki had four three-pointers.

Coddens commented, "The girls played hard. It's just unfortunate that we didn't have our baskets fall in the fourth quarter. Looking back over the tape, the game could have gone either direction; it was unfortunate that it didn't go our way."

The JV team did just as well as the Varsity beating the Colonials 30-26 in the last minute of the game. In their next matchup against Culver, the girls showed good team unity and remarkable defense, which kept them ahead the entire game. Each girl contributed to the score, 52-7.

The Panthers next played Mishawaka and lost their last game of the regular season.

In the first round of the JV Tourney at Riley, the Panthers took on LaSalle. The girls worked hard to beat LaSalle and kept them from scoring in the fourth quarter. They then went on to the championship game to take on the Clay Colonials. WHS gave them a tough time, but came up short.

Freshman Sarah Wood commented, "We hung close with them the whole game, but couldn't pull through with a win. They got almost all inside shots, and we couldn't stop it."



# Wrestling team takes So. Bend sectional

By **Ryan Hanyzewski**  
Sports Writer

Tribune sports writer, Terry Covington, summed up the Panthers' season in one sentence by saying, "Experience counts, but you have to have heart."

The wrestling team has continued to impress people all year, and come sectional time, the Panthers were ready to go. Although the Panthers started every match this season with a 12-0 deficit due to forfeits, the Panthers still compiled a record of 15-6.

"When we came out behind 12-0 every time, it just made us work that much harder," said senior Matt Ladewski.

These regular season victories were not enough for the Panthers who were hungry for more. To satisfy their hunger, the Panthers went out and won the South Bend Sectional by defeating Clay, St. Joe, and host rival LaSalle. Most fans knew that going into the sectional it would be between the Panthers and the Colonials of Clay, who defeated the Panthers earlier in the season.

WHS gained nine spots in all for the finals, while Clay gained eight. So it was basically the Panthers versus the Colonials throughout the championship rounds as expected. The first title for the Panthers came at 112 lbs as junior Jose Navarro came back from a 5-0 deficit to pin his opponent and win the first of six sectional championships for WHS.

"It felt great to get the team off to a good start; I was real glad to be a sectional champ," commented Navarro.

The Panthers extended their lead when junior Nick Focosi held off his opponent to win his match by decision 12-11. Junior Nate Reeder put the Panthers even further ahead with a come-from-behind win by decision 10-8.

When senior Jason Whitmer lost a tough match by decision, 8-6, it put Clay back into striking distance.

At 151 lbs q5, senior George Miles won his match by default to win his own sectional crown. It was then the freshman's turn as Phillip Evans took the mat for a chance at a sectional title. As he has all season, he won his match in a dramatic come-from-behind style. Down seven to two, and on his back in a near-pin situation, Evans reversed his Clay opponent and pinned him for the victory, and this locked up the sectional crown for WHS.

"He's been doing that all year, and he has a lot of endurance and fight. Even though he makes freshman mistakes, he has a lot of natural ability," said his father and coach, Carl Evans.

The Panthers were not finished though; senior Eric Siebenaler pinned his opponent for the final championship of the day.

The runner-ups who moved on to the regionals were Whitmer, Ladewski, and junior Matt Andrzejewski. In all, the Panthers sent nine wrestlers to the regionals.

"You have to give Washington a lot of credit; they came out the most fired up I have ever seen them," said Al Hartman, Clay wrestling coach.

In the regionals, Miles was the only one to reach the championship round and assure himself a spot in the semi-state.



Photo by Christina Fidler

Senior Eric Siebenaler has junior Tim Dyskiewicz on his back as he attempts to pin him.

WHS sent five wrestlers into the consolation round, and with a win, would place them with George in the semi-state. Navarro was the first Panther to fall, as he was defeated by a technical decision. Focosi was also defeated by decision, 8-6, and was also eliminated from the regional competition.

Following Reeder's loss by pin, the Panthers were given their best shot, but fell one point short when Whitmer lost a difficult match by the final of only 1-0.

The last Panther to fall was Andrzejewski who was defeated by decision, 18-7. Miles was the only one to advance to the semi-state, but due to an unfortunate injury to his ankle, was unable to advance to the state.

Thus, a great season came to a close.

## 49ers demolish Chargers in Super Bore

By **Derek Dabrowiak**  
Sports Writer

The Super Bowl--THE game of the NFL season, between the San Francisco 49ers and the San Diego Chargers, lived up to its billing as the Super Bore. Entering Joe Robbie Stadium, the 49ers were favored by as many as three touchdowns, with the final spread 19 1/2 points. They wound up covering this, but not without a fight from the Chargers.

Right from the coin toss, the Chargers trailed. After taking the opening kickoff, the Niners scored on the third play of the drive when Steve Young hit Jerry Rice for a 44-yard TD pass. Forcing San Diego to go three-and-out, they scored again on a 51-yard pass from Young to runningback Ricky Watters. San Diego finally got on the board when Natrone Means crashed through the line for a one-yard touchdown plunge to end the first quarter.

In the second quarter, the 49ers pulled away with two consecutive long scoring drives. The first, a 70-yard drive, ended with

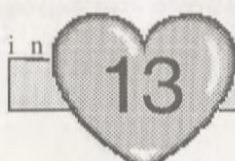
Young throwing to fullback William Floyd the end zone, and the second was another

pass from Young, this time to Watters. John Carney hit a 31-yard field goal for the Chargers to make the halftime score 28 to 10.

At the start of the second half, the Niners scored again on a nine-yard run by Watters. San Francisco then scored again on a 15-yard pass from Young to Rice and seemingly sealed the Chargers' fate. On the ensuing kickoff, San Diego's Andre Coleman returned it 98 yards for a TD and put the Chargers back in the game.

The Chargers then proceeded to score the first two-point conversion in Super Bowl history, a pass from Stan Humphries to Mark Seay. In the fourth quarter, San Francisco slammed the door shut and routed the Chargers 49 to 26.

Young, the game's MVP, set a Super Bowl record with six touchdown tosses. Watters, a Notre Dame alumni, predicted before the game that he'd score three touchdowns, and fulfilled this prediction. The Niners had 449 yards of total offense, to San Diego's 354 yards. The NFC thus continued their total domination of the AFC in the Super Bowl. It's been 12 years since the AFC has won a Super Bowl, and many predict it will be 12 more before they win another one.





# Boys' swimming season proves to be tough

By Kathryn Shuamber  
Sports Writer

The boys' swim team had a challenging year with grueling practices, competitive meets, and a new coach.

Coach Dave Woods thought that the transition from assistant to head coach was a "natural progression," but, his responsibilities as the head coach, however, have kept him busier than he thought.



Photo by Dominique Bai

**Junior Adam Hooten tries his best to do well in preparing for sectionals.**

He has also had to do a lot of "extra" work outside of the practice times, which was more difficult since he does not work at WHS.

One of the goals he had set for the team was to win more meets than lose; this goal, however, didn't happen.

Tough losses to Riley, Penn, Clay, Bremen, St. Joe, Elston, and Elkhart Central didn't make it any easier for the Panthers.

They finished with a disappointing 7-7, but Woods is still pleased with

the way his swimmers swam during the meets and the practices.

Woods thinks the freshmen did as well as he expected. He said, "All the freshmen contributed by being at practice, being present at the meets, and working hard."

Kevin Marek is one freshman who stood out. He demonstrated constant improvement, swam in relays, and had the second fastest time for the 500 freestyle.

"The goal that I had set for myself was to get my time under seven minutes in the 500 and now, at the end of the season, I have achieved my goal," commented Marek. "My best time is now six minutes and 56 seconds."

The toughest meet for the Panthers was the 10-point loss to St. Joe. Woods thought that his swimmers didn't swim to their capability. The absence of some divers also hurt them in this very close meet. The easiest meet for Woods to prepare for was the meet against Riley.

"We had no chance to win against Riley. It was a meet where I could try different people in different events. It was a time where we could get out our first-meet nervousness," said Woods. The team prepared for sectionals by working on tapering, a method used to get in less yardage during practice.

This preparation paid off for the Panthers at the sectional preliminaries. Swimmers had to place in the 12 highest times in order to qualify for the sectional finals. Those swimmers who qualified were the following: Jacob Matthews and Colin Nuner in the 50 freestyle; Kevin Dixon in the 100 butterfly; Matt Dixon in the 100 freestyle; Matthews and Nick Cline in the 100 backstroke; Josh Cesavice, Cline, Kevin Dixon, and Matthews in the 200 medley relay; Matt Dixon, Adam Hooten, Matthews, and Nuner in the 200 free relay; Kevin and Matt Dixon, David Lute, and Josh Northam in the 400 free relay; and the automatic place of Cesavice and Harry Densmore in diving.

No one qualified to compete in the state competition.

"I think we had a great team this year. The majority of the team, especially Coach Woods and the seniors, were really helpful when it comes to improving form and giving advice," said sophomore Scott Eichstedt.

## New college teams enjoy success

By Isaiah Dockery  
Sports Writer

The 1994-95 college basketball season has been one of the most exciting ones in recent history. Many of the games have been decided in overtime. New teams are enjoying success, while some of the teams with a great tradition are falling apart. With postseason play right around the corner, no team has proved to be dominant. Some teams that have had poor production the last few years earned a ticket to post-season play. A few teams that have taken National Collegiate Athletic Association (NCAA) play for granted aren't even going to be involved in the tournament this year.

Duke, a preseason pick to make it to the NCAA Sweet 16, in all likelihood will be sweating just to win some games in the National Invitational Tournament (NIT). Their season has been a shock to anyone who follows college basketball. Four seasons ago, the Blue Devils won the first of two consecutive na-

tional championships. Just last year they played for the national championship, but lost to Arkansas.

They started off the season quite well, but began to play poorly when their head coach quit coaching (medical problems). They went on an eight-game losing streak. They may finish the season with a losing record, and will probably be placed in the NIT tourney.

Indiana is another team that has had a down year. A team that usually puts fear into the heart of any team across the nation, couldn't even scare local teams with losses to Purdue and Notre Dame. The Hoosiers weren't able to get anything generated with their backcourt as they consistently relied on frontcourt stars Alan Henderson and Brian Evans to do the bulk of their scoring. They're one of the teams occupying the bottom of the tough big-10 conference.

Michigan State has had a tremendous season this year. This is a turnaround from past seasons. The Spartans headline the big-10 con-

ference. They have had impressive victories over many talented teams. They will be in the NCAA tournament and possibly the Final Four.

Another team that has surprised many is the Fighting Irish of Notre Dame. The last few years' talented Irish squads have had losing seasons. This year's team had far less talented players, yet a winning record. While a NCAA birth is quite questionable, a NIT birth is definite.

No one has made a prediction on who he thinks will win the championship or even who will be in the Final Four. With the great competition, few teams have kept their number of defeats to a minimum. With only one loss U. Conn. has to be respected as well as Kentucky, which has lost three games by a total of five points. North Carolina and UCLA should also play well in this year's tournament. Arkansas hasn't been able to make a case, even though they returned all five starters from last year's championship team. □



# Sports Notes



By Ryan Hanyzewski  
Sports Writer

## -Two new faces for Panthers this season

The girls' tennis team and the boys' track team will be receiving new coaches for the upcoming season. The new tennis coach will be Darryl Boykins, who was an assistant coach at Riley High School for the past eight years. The new coach of the boys' track team will be Anthony Hopkins, who has coached at LaSalle High School for the past nine years.

"Both coaches have a lot of experience and are looking forward to great seasons," commented Pat Mackowiak, the athletic director.

## -10 new faces in WHS Hall of Fame

WHS has inducted 10 Panther alumni into the Hall of Fame every other year since 1992. Principal David Kaser and former athletic director Steve Herczeg heard about the idea from Riley High School who began their Hall of Fame in 1990.

The inductees are inducted from a variety of years. "We are trying to induct people from all different decades," said athletic director Pat Mackowiak.

Of the over 90 nominations, only the chosen 10 were inducted.

This year, three inductees were from the '40s: Joe Kobda, Richard Klemczewski, and Ed Bucholtz. Kobda graduated in '41 and played football. Klemczewski, from the Class of '43, played football, basketball, and baseball. Finishing out the '40s is Bucholtz, a graduate of the Class of '48. Bucholtz played football, baseball, and basketball. He lettered in all three sports all three years he attended WHS.

"At that time, there were only the three sports (football, baseball, basketball) here at WHS, so Klemczewski and Bucholtz played every sport possible," said Mackowiak.

One coach was also inducted this year. Sam Wegner coached football from '48 to '58. Wegner is currently in the Indiana High School Hall of Fame.

Three inductees were from the '60s: Ashley Carothers, Bob Hadrlick, and Charles Black. Carothers graduated in '61 and played football, baseball, and track. In the Class of '62, Hadrlick played football, baseball, and basketball. Rounding out the '60s is a '66 graduate, Black, who played football, basketball, and track.

The final two Hall of Famers were from the '70s. Dave Wood was a graduate of the Class of '74. Wood played baseball and basketball and later went on to pitch in the minor leagues for the Cubs.

The final inductee is Ron Fellows, a graduate of the Class of '77. He played football, basketball, and track. Fellows went on to play for the Dallas Cowboys and the Oakland Raiders in the NFL.

The inductees received a plaque for themselves and a plaque that will remain in the halls of WHS. They were honored at halftime of the boys' varsity basketball game against Gary Mann on Feb. 24.

Con- gratulations to all of the new Hall of Famers. □

## Sports Profile



**Name:** Joshua Cesavice

**Age:** 18

**Year:** Senior

**Class Rank:** 92

**Nickname:** Ces

**Role Model:** Mark Lenzi (Olympic Gold Medalist, Diver)

**Favorite Class:** Ceramics

**Favorite Food:** Pasta

**Favorite TV Show:** Martin

**Favorite Book:** Red Badge of Courage by Stephen Crane

**Favorite Movie:** Jerky Boys

**Favorite Music:** R&B

**Favorite Time of the Year:** Halloween

**Hobbies:** Skiing, Tae kwon do

**Favorite Sports Team:** Atlanta Falcons

**Goals:** Go to the Olympics

**What Turns Me Off:** People who underestimate other people

**I'd Like to Meet:** Mark Lenzi

**Clubs at WHS:** Project T.E.A.C.H., Friends Always There

**Best Advice I've Received:** Do your best at everything in life

**Sports Played:** Football, swimming, track and field

**Future Plans:** Diving at Ball State, becoming a teacher

**What I Love About School:** Seeing my friends

**What I Hate About School:** Doing the work

**Proudest Moment:** When I won city in diving

**Prized Possession:** My skis

**If I Won The Lottery I'd:** Buy my mom her dream house, and then blow the rest.

**Awards and Achievements:** 3rd team NIC diving; freshman of the year swimming; Ironman Award in football and in swimming; first place city diving; 2nd team NIC diving.

**Greatest Accomplishment:** Getting into Ball State and being able to dive for them next year

**Most Embarrassing Moment:** I was diving at practice and my Speedos went in with me, but they didn't come out on me.

**Advice to Others:** Try to be the best at everything you do and have fun on the way.

**Summary of Sports at WHS:** WHS sports has taught me a lot about self-discipline and hard work.



# Love Messages

To: Jenny, my little  
Sis

I hope you get your  
special someone--soon!  
Hopefully, I will get  
and keep mine.  
Everything will  
eventually work out for  
all of us.

Your big sister

♥ ♥ ♥ ♥ ♥ ♥ ♥ ♥

To: My Pubba-Honey

Can you believe it?  
We've been going strong  
for almost two years,  
and I'm sure we'll keep  
on going through the  
end of time. I loved  
you a year ago, I love  
you today, and I'll  
keep loving you!

Your Honey Bunch

♥ ♥ ♥ ♥ ♥ ♥ ♥ ♥

To: Matt, Marcos, and  
the Kevins

When you visit me in  
Chicago, make sure you  
leave me a good tip!  
Thanks for the  
reminder.

Heather

♥ ♥ ♥ ♥ ♥ ♥ ♥ ♥

To: Feather and Dill

You guys are soooo  
cute together, and I  
wish you all the best.  
Don't worry about  
anything but your  
future together; I know  
it'll be a good one.  
You guys are the  
greatest, and so nice  
and sweet. Always stay  
the same.

Love, yours always,  
Shabangbang Girl #1

♥ ♥ ♥ ♥ ♥ ♥ ♥ ♥

To: Tim Hecklinski

Roses are red, buds  
are green. I love you.  
Stephy C.

♥ ♥ ♥ ♥ ♥ ♥ ♥ ♥

To: Tracey Cavinder

I love you very much.  
I saw your picture and  
I fell in love.

Boy George

♥ ♥ ♥ ♥ ♥ ♥ ♥ ♥

To: Jessica Ann Wamser

I hope we have a  
happy fourth straight  
year together. Love me  
always.

Ryan (Pinski)

♥ ♥ ♥ ♥ ♥ ♥ ♥ ♥

To: Shabangbang Twins

To the cutest  
freshmen ever! You two  
are a pain, but sooo  
much fun to hang with.  
I hope you find your  
true loves, and stay  
with them. I hope we  
can chill together some  
more. You guys are so  
sweet, and I hope  
someone finds that in  
you and learns to  
appreciate it.

Love, yours always  
Shabangbang Girl #1.

♥ ♥ ♥ ♥ ♥ ♥ ♥ ♥

To: Lorenzo Davis

I hope we get  
together soon, because  
I've been watching you  
for a while.

Your secret admirer.

♥ ♥ ♥ ♥ ♥ ♥ ♥ ♥

To: My fiance Anthony

Well, it's only been

a couple of months so  
far, but I know for a  
fact that we'll be  
together a lot longer.  
I appreciate you doing  
all you can to prove to  
me that you really want  
to be with me. I just  
want you to know that  
I'll always love you for  
that. Where's my  
diamond?

Your fiancée Heather  
(Charlie)

♥ ♥ ♥ ♥ ♥ ♥ ♥ ♥

To: Mrs. P Parker

God Bless a special  
friend and Sister in the  
Lord.

Love, Mrs. Humphrey

♥ ♥ ♥ ♥ ♥ ♥ ♥ ♥

To: Mike

To a very sweet guy I  
met this year! I love  
you very much! I hope  
we stay together  
forever!

G.G.

♥ ♥ ♥ ♥ ♥ ♥ ♥ ♥

To: Mr. Douglas

Hope every day is  
happy to a special  
friend close to the  
heart!

M.R.H.

♥ ♥ ♥ ♥ ♥ ♥ ♥ ♥

To: Mike

I hope that we can  
get together. I do care  
about you a lot; the way  
back from Elston even  
proved it to me. Thanks  
for listening to me and  
for being such a good  
friend.

Love, you know who

♥ ♥ ♥ ♥ ♥ ♥ ♥ ♥



To: Kenyatta  
Stay sweet and crazy.  
I hope every day is as  
special as you.  
From: Guess who!

♥ ♥ ♥ ♥ ♥ ♥ ♥ ♥

To: Mark G.  
We haven't been  
together long, but you  
mean so much to me. I  
hope we are together  
for a long time. I  
love you lots!  
Love you, Beth

♥ ♥ ♥ ♥ ♥ ♥ ♥ ♥

To: Mike  
Even though you don't  
go to this school, this  
shows that I think of  
you often. I hope that  
we can go out to a  
movie sometime.  
someone from work

♥ ♥ ♥ ♥ ♥ ♥ ♥ ♥

To: George & Norman  
It's been a great  
year. We have a lot of  
good memories! Some  
bad, too (I wonder who  
that would be about?).  
You guys are great!  
Arby's is different and  
different is good!  
P.S. I'm the greatest!  
Dave

♥ ♥ ♥ ♥ ♥ ♥ ♥ ♥

To: Ka-Nicks, Dudley,  
and Mickey  
You guys have been  
such good friends to  
me; I'm sure more than  
I could ever be to you!  
I hope we'll never be  
split apart for any  
reason! Long live the  
four Musketeers! I  
love you guys!

Ke-Kla

♥ ♥ ♥ ♥ ♥ ♥ ♥ ♥

To: Jessica Ann Wamser  
To the sweetest girl  
in the world who I  
disappointed at  
Homecoming. I hope I  
can make it up to you.  
I'll love you always.

Ryan

♥ ♥ ♥ ♥ ♥ ♥ ♥ ♥

To: My Evil twin  
Even though you don't  
have "blue eye" and I  
don't have mine, our  
day will be a special  
one--I guarantee that  
one!

Your evil twin

♥ ♥ ♥ ♥ ♥ ♥ ♥ ♥

To: All my friends  
I'm so glad to get to  
know all of you. We're  
going to have so much  
fun the next four years.  
Nicole Woods

♥ ♥ ♥ ♥ ♥ ♥ ♥ ♥

To: Firestarter  
I'm sorry about  
forgetting your  
birthday, but I hope  
this kinda, sorta makes  
up for it. I'll be sure  
to remember it this  
year!

Kathy-cow



## How do you keep physically fit?



"I'm in guard and swimming, they keep me fit."

Freshman  
Jennifer Hess



"I run with my brother, eat well, and I am the track manager."

Sophomore  
Sara Young



"I participate in sports that involve running, weight lifting, and other exercises."

Junior  
Demetrius Minor



"I have to do a lot of running back and forth at work which keeps me moving."

Senior  
Sonia Bueno



TO BE CONTINUED...

Concept and Characters: Brian Schoonaert  
Illustration: Mark Sniadecki